



Day 1: Friday, 23 July 2010

Interventional Pain Workshop (BASIC)

Time	Programme
0800 – 0830	REGISTRATION
0830 – 0845	INTRODUCTION TO THE PAIN INTERVENTIONAL WORKSHOP Dr Yeo Sow Nam President, Pain Association of Singapore
0845 – 0900	Briefing by Pain Intervention Workshop Organising Chairman
0900 - 1200	BASIC WORKSHOP PROGRAMME
	<ul style="list-style-type: none"> • Lumbar Intra-articular Facet and Medial Branch Blocks & Sacro-Iliac Joint injections
	<ul style="list-style-type: none"> • Coeliac Plexus and Lumbar Sympathetic Blocks
	<ul style="list-style-type: none"> • Interlaminar and Transforaminal Epidural Steroid Injections
	<ul style="list-style-type: none"> • Ultrasound for Upper Limb Blocks
	CONCLUSION AND FEEDBACK
1200 – 1300	LUNCH
1300	END

Featuring Overseas Workshop Faculty

- Dr Lee Sang Chul (Korea)
- Dr Philip Finch (Australia)

with Local Faculty



Biennial Scientific Meeting 2010 of
The Pain Association of Singapore

Expressions of Pain

23 - 25 July 2010

www.pasbsm2010.com

Day 1: Friday, 23 July 2010

Interventional Pain Workshop (ADVANCED)

Time	Programme
1200 – 1315	REGISTRATION & LUNCH
1315 – 1330	INTRODUCTION TO THE PAIN INTERVENTIONAL WORKSHOP Dr Yeo Sow Nam President, Pain Association of Singapore
1330 – 1400	Briefing by Pain Intervention Workshop Organising Chairman
1400 - 1700	ADVANCED WORKSHOP PROGRAMME
	<ul style="list-style-type: none"> • Discogram and Intradiscal Procedures
	<ul style="list-style-type: none"> • Spinal Cord Stimulator Implantation
	<ul style="list-style-type: none"> • Head and Neck: Trigeminal and Sphenopalatine Ganglion Blocks & Cervical Facet and Medial Branch Blocks
	<ul style="list-style-type: none"> • Ultrasound for Spine & Lower Limb Blocks
	CONCLUSION AND FEEDBACK
1700	END

Featuring Overseas Workshop Faculty

- Dr Lee Sang Chul (Korea)
- Dr Philip Finch (Australia)

with Local Faculty



Day 2: Saturday, 24 July 2010

Time	Programme	
0730 – 0800	REGISTRATION	
0800 – 0805	OPENING ADDRESS Dr Yeo Sow Nam President, Pain Association of Singapore	
	INTRODUCTION	
0810 – 0820	Global Year Against Musculoskeletal Pain Dr Yeo Sow Nam President, Pain Association of Singapore	
	PLENARY LECTURE 1	
0820 – 0900	Pain Medicine as a Specialty - Coming of Age Professor Serdar Erdine President & Founder, World Institute of Pain & Professor, Dept of Algology, Medical Faculty of Istanbul University Istanbul, Turkey	
	PLENARY LECTURE 2	
0900 – 0940	Developments of Pain Management in China Professor Han Ji Sheng Professor, Medical Department, Peking University Director, Neuroscience Research Institute, Peking University Beijing, People's Republic of China	
0940 – 1000	TEA BREAK/ TRADE EXHIBITION	
	SCIENTIFIC SESSION 1 MALINGERING IN CHRONIC PAIN	SCIENTIFIC SESSION 2 PAIN INTERVENTIONS
1000 – 1030	What are they Thinking? Dr Ang Yong Guan	Provocation Discography: How Provocative is it? Dr Philip Finch
1030 – 1100	Malingering in Chronic Low Back Pain Dr Yue Wai Mun	Cooled Radiofrequency: How Cool is it? Dr Ho Kok Yuen
1100 - 1130	Does the Law Protect Doctors from Malingers? Ms Kuah Boon Theng	Spinal Cord Stimulation: How Stimulating is it? Dr Lee Sang Chul
1130 - 1200	Role of the Private Investigator Mr Dennis Lee	Cognitive-Behavioural Therapy: An Effective Pain Intervention? Dr Mary Cardoso
1200 - 1300	LUNCH SYMPOSIUM (Sponsored by Pfizer) NSAIDS and COX-2 - Current Issues and Guidelines Assoc Professor Pamela Macintyre (30 mins)	



Day 2: Saturday, 24 July 2010 (Cont'd)

Time	Programme	
	SCIENTIFIC SESSION 3 BEYOND DRUGS, NEEDLES AND SURGERY	SCIENTIFIC SESSION 4 PUTTING SCIENCE INTO DAILY PRACTICE
1300 - 1330	Stretching and Strengthening the Evidence: Truth behind Physiotherapy Ms Jennifer Liaw	Anti-neuropathic Agents: How Effective are they? Dr Yeo Sow Nam
1330 - 1400	Challenging Beliefs: Evidence for Psychotherapy Ms Yang Su Yin	The Big Headache: Science and Treatment Dr Charles Siow
	SCIENTIFIC SESSION 5 NURSING PAIN	SCIENTIFIC SESSION 6 PAIN IN SPECIAL PATIENTS
1400 - 1420	Training of the Pain Management Nurse Ms Tan Choon Yen	Who has Pain Everywhere Dr Jane George
1420 - 1440	Palliative Nursing and Pain Control Ms Catherine Teo	Persistent Back Pain after Surgery Dr Yoong Chee Seng
1440 - 1500	Nurse-based Acute Pain Service Ms Lee Soo Chin	Pain Management During Pregnancy & Lactation Dr James Tan
1500 - 1530	TEA BREAK/ TRADE EXHIBITION	
	SCIENTIFIC SESSION 7 MUSCULOSKELETAL PAIN	SCIENTIFIC SESSION 8 CANCER PAIN
1530 - 1600	Sports Injury: Relax or Retrain Dr Benedict Tan	Role of Opioids: Maximising Efficacy, Managing Problems Dr Mervyn Koh
1600 - 1630	Arthritis: Do Supplements Work? Dr Anita Lim	Interventions for Cancer Pain: When, Why and How? Dr Tan Kian Hian
1630 - 1700	Osteoporosis Treatment: Make it or Break it Dr Leong Keng Hong	Pain Beyond the Reach of Analgesia: Dealing with Suffering Dr Noreen Chan
1700	END	



Biennial Scientific Meeting 2010 of
The Pain Association of Singapore

Expressions of Pain

23 – 25 July 2010

www.pasbsm2010.com

Day 3: Sunday, 25 July 2010

Time	Programme	
0800 – 0830	REGISTRATION	
	PLENARY LECTURE 3	
0830 – 0915	Putting Pain in the Picture: More than a Visual Impact Professor Irene Tracey Nuffield Professor of Anaesthetic Science Director, Oxford University FMRIB Centre John Radcliffe Hospital Oxford, UK	
	PLENARY LECTURE 4	
0915 – 1000	Acute Pain Management: Scientific Evidence, What's New? Assoc Professor Pamela Macintyre Director, Acute Pain Service Department of Anaesthesia, Hyperbaric Medicine and Pain Medicine Royal Adelaide Hospital and University of Adelaide Adelaide, Australia	
1000 – 1030	TEA BREAK/ TRADE EXHIBITION	
	SCIENTIFIC SESSION 9 ACUTE PAIN	SCIENTIFIC SESSION 10 PAIN AND THE BRAIN
1030 – 1100	Pain in the Very Young Dr Siow Yew Nam	Depression and Pain Dr Chan Heng Nieng
1100 – 1130	Pain in the Very Old Dr Mary Cardosa	Inducing Sleep in the Sleepless Patient in Pain Dr Ng Beng Yeong
1130 – 1200	Pain in Opioid-Dependent Patients Dr Pamela Macintyre	Mind Over Matter - Placebo Response in Pain Prof Lee Tat Leang
1200 – 1230	Ultrasound in Regional Anaesthesia Dr Victor Chee	Imaging the Brain - Can We See the Analgesic Work? Professor Irene Tracey
1230 – 1330	TEA BREAK/ TRADE EXHIBITION	
1330	END	

*** Programme correct at time of print and is subject to change